Vincent Conrod is the Director of Orchestras at Lake Nona High School in Orlando, Florida. Previously, Mr. Conrod served as Assistant Director of Orchestras at Doerre Intermediate School in Houston, Texas from 2017 to 2019, and Orchestra Director at Avalon Middle School in Orlando, Florida from 2014 to 2017.

In July 2018, the Doerre Symphony Orchestra was selected as the 2019 Texas Music Educators Association Junior High/Middle School Honor Full Orchestra, and performed at the 2019 TMEA Clinic & Convention in San Antonio, Texas in February 2019. In 2016, the Avalon Middle School Sinfonia Orchestra was selected to perform at the 2017 National Orchestra Festival, held in conjunction with the 2017 American String Teachers Association National Conference held in Pittsburgh, Pennsylvania.

Vincent Conrod holds a Bachelor's degree in Music Education from the University of Central Florida with a minor in Performing Arts Administration, and is currently pursuing graduate studies in Orchestral Conducting at the University of Central Florida.